

NON-TOXIC CLEANING GUIDE



CLEANING PRODUCT SAFETY

Some of the chemicals in our cleaning products are allergens or can trigger asthma attacks. Many other chemicals can have impacts on our health later in life.

Until the EPA works through a backlog of tens of thousands of untested chemicals, consumers need to make informed purchases.

SEE HOW YOUR PRODUCTS RANK FOR SAFETY

Find how your products rank on EWG's Guide to Healthy Cleaning. The guide grades thousands of cleaning products based on their chemical ingredients and safety data on those chemicals. **The higher the grade, the safer the product.**

DISH SOAP

- Whole Foods Market liquid dish soap, mandarin ginger - **B**
- Citra-Solv Citra Dish Natural Dish Soap, Mango Tangerine - **C**
- Palmolive Ultra Soft Touch with Aloe Dish Liquid- **F**

LAUNDRY

- OxiClean Versatile Stain Remover, Free- **B**
- Method Laundry Detergent, Fresh Air- **C**
- Tide Coldwater Liquid, Mountain Spring - **F**

TOILET CLEANER

- LYSOL Power & Free Toilet & Bathroom Wipes, Cool Spring Breeze - **B**
- 2000 Flushes Blue Plus Detergents - **C**
- LYSOL Toilet Bowl Cleaner, Power - **F**





SUPPORT CLEANING INGREDIENT DISCLOSURE IN MINNESOTA

Ingredient disclosure is required on food, drugs and cosmetics labels but not for cleaning products. This lack of transparency does not give consumers enough information to make informed decisions.

The cleaning product ingredient disclosure bill would require manufacturers to disclose cleaning product ingredients to consumers.

MAKE HOMEMADE CLEANERS

You can clean almost every surface in your home with baking soda or white distilled vinegar. Find more cleaning recipes at healthylegacy.org.

GENERAL PURPOSE CLEANER

16 oz. spray bottle

1/4 cup white vinegar

Water

Add vinegar to your spray bottle and fill the remainder of your bottle with water

FLOOR CLEANER (INCLUDING WOOD)

Use ½ cup vinegar per gallon of water.

DISHWASHER RINSE AIDE

Fill your dishwasher's rinse aide dispenser with vinegar for spot free dishes

